



Cardiovascular
Sector



Intensive Care
Sector



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International Society of Quality of Life and Medical Practice "ISQoL-MP"

4th World Congress on

Quality in Medical Practice



October 2nd - 4th, 2008
Makedonia Palace Hotel
Thessaloniki, Greece

Final Program

WELCOME ADDRESS



Dear Medical Colleagues and Friends,

On behalf of the International Society of Quality of Life & Medical Practice (ISoQoL-MD), I would like to welcome you to its IV World Congress on Quality in Medical Practice, in Thessaloniki, the capital of Northern Greece.

The present Congress will intend to provide a podium to scientists from many medical specialities, as well as from other health professional fields. This global exchange of ideas on the latest developments in classical medical treatments will share the common goal of presenting the most recent innovative medical findings and techniques that eventually could affect to the better the quality of life of our patients.

Through its cross-speciality, medical international experts can address in an informal atmosphere, some of the important topics in the field of somatic and psychic disorders, approving the fact that health professionals have realized that quality may only be attained within the framework of a bio-psycho-social interdisciplinary approach. By keeping abreast of the latest advances we will be able to strengthen our daily effectiveness for quality in our medical work.

Thessaloniki being the second capital of Byzantine is a gorgeous city with a history of three thousand years. Located at the Northern part of Greece, it is widely recognized as one of the most beautiful and vivid cities of Greece due to her rich and fascinating cultural and professional past history as well as present status.

Once again I would like to thank you all for your valued and high quality contribution. We look forward to organizing focused discussions of the new data presented in a constructive and productive environment, so that the meeting will be scientifically rewarding and significant, as we also expect your stay to be in Greece.

Cordially yours,

A handwritten signature in black ink, appearing to read "A. Vidalis MD, PhD".

A. Vidalis MD, PhD

President of the International Society
of Quality of Life & Medical Practice (ISoQoL-MD)

WELCOME ADDRESS



Dear Colleagues,

It is a great honor and pleasure for us to invite you to the 4th World Congress on Quality in Medical Practice, a scientific event of the International Society of Quality in Medical Practice, a scientific event of the International Society of Quality of Life and Medical Practice, which will be held on October 2nd - 4th 2008 in Thessaloniki, Greece.



After the success of the three previous congresses, the foundations have been set for the organization of our society meetings every 2 years. These meetings will act as mediators to bring closer fellow physicians and instigate the exchange of evidence based opinions between doctors of all specialties. Such a development aside from tightening the bonds between the various scientific teams will also assist in the improvement of the provided medical service and subsequently in the patients' quality of life.



The Scientific Committee has compiled an educational program including round tables, lectures, workshops and concurrent sessions which will, hopefully, cover the interest of every participant.

The Organizing Committee has invited distinguished experts to present their innovative ideas and their experience, in order to achieve high quality of life in medical practice, the primary goal of our society.

With the activities mentioned above the Organizing Committee aspires to provide a scientifically fertile event as well as a pleasant and relaxing stay in Thessaloniki, the warm Greek city whose history goes back many centuries.

We hope that you will have a very rewarding and enjoyable stay during the 4th World Congress on Quality in Medical Practice.

We are looking forward to welcoming you in the historical city of Thessaloniki.

Warm regards

The Presidents of the OC

P. Ch. Stamatopoulos
Professor on OB - Gynaecology

D. Z. Psirropoulos, MD, PhD
Director/Head of Cardiology Dept. & CCU

N. Gritsi-Gerogianni MD, PhD
ICU Director

Presidents: **Psiropoulos D. Z., Stamatopoulos P, Gritsi-Gerogianni N.**

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Dardavassis Th.	Kogias I.	Saratzis N.
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Goulis D.	Malamis G.	Stamatopoulos Ch.
Gouzoumas N.	Mikos Th.	Tantanassis Th.
Ioannidis E.	Miserlis G.	Tolis V.
Kanellos I.	Mouloudi E.	Triaridis S.
Kanonidis I.	Mpampalis D.	Tsalikis T.
Kanonidou Z.	Nikolaidis P.	Vavilis D.
Karapanagiotou A.	Pados G.	Vergoulas G. V.
Katsanoulas K.	Papadimitriou D.	Vlahogiannis E.
Katsarou Z.	Papadopoulos Th.	Zakynthinos E.

Secretary: **Papadopoulou E.E.**

SCIENTIFIC COMMITTEE

Chairpersons: **Mantalenakis Sergios, Tzafettas Ioannis**

Aggelopoulos N.	Ilonidis G.	Papavramidis S.
Agomachalelis N.	Iakovides A.	Papazafiriou E.
Aidonis A.	Kandilis D.	Paraskevaidis E.
Alexandropoulos K.	Kapetanos G.	Phokas K.
Alexopoulos E.	Kaprinis S.	Pitoulias G.
Alimisi S.	Karagiannis V.	Platogiannis D.
Anifanti M.	Karantona C.	Psaris P.
Atmatzidis K.	Karnoutsos	Rabavilas A.
Athyros V.	Katsikas V.	Raptopoulou M.
Avramides M.	Kelempekoglou P.	Rogotis Ch.
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Bergiannaki I.	Kontzoglou G.	Sakantamis A
Bintoudis D.	Kaprinis G.	Sianidou L.
Chatzimanolis I.	Karamitsos D.	Sitzoglou K.
Christopoulos S.	Kouidi E.	Spanos P.
Dadous G	Kyriakou P.	Stefanidis I.
Deliggianis A	Koumadakis E.	Stefanis N.
Didaggelos T	Kouveliotis K.	Styliadis I.
Didaskalou Th.	Lafaras Ch.	Styliadis H. I
Dimitrakopoulos K.	Lambropoulos S.	Symeonidis A.
Dimitriadis A.	Lazaridis Ch.	Syngelakis M.
Dimitriou Ch.	Lazaridis L.	Tarlatzis V.
Dobros N.	Lazaridou F.	Takoudas D.
Economides D.	Liappas I.	Tsagaris V.
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Efthimiadis A.	Lykouras L.	Tsikoulas I.
Efthimiadis G.	Mailis A.	Tsiotras Ch.
Ekklisiarhos D.	Makedos G.	Tsiptsios J.
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Fountoulakis K.	Memmos D.	Tzebelikos E.
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Gartaganis S.	Nimatoudis I.	Vgontzas A.
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Gavopoulos S.	Palioras D.	Vlachaki E.
Geleris P.	Papadimitriou G.	Vlaikidis N.
Gerasimidis Th.	Papadopoulos E.	Vogas V.
Giouzepas I.	Papagiannis I.	Vogiatis I.
Grekas D.	Papadopoulos I.E.	Voloudakis K.
Guillaumme-V. M.	Papadopoulos K.	Vougiouklis N.
Harlaftis N.	Papageorgiou G.	Zafiris I.
Hatzipoulidis D.	Papageorgiou I.N.	Zampoulis Ch.
Hatzitheoharis G.	Papanikolaou Ch.	Zervas I.
Hoidas S.	Papastefanou S.	

SCIENTIFIC PROGRAM

Thursday October 2nd 2008

Aristotelis I Hall

16:00-17:30

Free Announcements

16:00-16:40

Session A

Chairpersons: Papazafiriou Evangelia, Dioritou Ourania

001 COMBINATION OF CONSCIOUS SEDATION / LOCAL ANESTHETIC INFILTRATION WITH DROPERIDOL / MORPHINE AND LIDOCAINE 1% RESPECTIVELY, IN CYPHOPLASTY OPERATIONS

Kanonidou Z., Petsas D., Giannakos H., Rimarev D., Theodoridou T., Ventouri M.
3rd Dpt of Anesthesiology, Hippokration General Hospital, Thessaloniki, Greece

002 CONTINUOUS ROPIVACAINE INFUSION VIA SUBCUTANEOUS MULTIPLE HOLE CATHETER FOR POSTOPERATIVE ANALGESIA IN SPINAL SURGERY

Kanonidou Z., Iordanidou D., Petsas D., Giannakos H., Rimarev D., Ventouri M.
3rd Dpt of Anesthesiology, Hippokration General Hospital, Thessaloniki, Greece

003 THE EFFECT OF PERIOPERATIVE RISK FACTORS ON PATIENT OUTCOME IN ORTHOTOPIC LIVER TRANSPLANTATIONS

Katsika E., Aslanidis Th., Koupanis C., Paroustdou G., Papanikolaou V¹, Imvrios G¹, Gerogianni N.², Agnostara E.
First Department of Anesthesiology, ¹Surgical Department-Organ Transplantation Unit, ²Intensive Care Unit, G.H. Hippokration, Thessaloniki, Greece

004 FACTORS AFFECTING IMMEDIATE PATIENT OUTCOME AFTER AN INTRAHOSPITAL CARDIAC ARREST

Aslanidis Th., Katsika E., Bogiadopoulos M., Agnostara E.
First Department of Anesthesiology, G.H. Hippokration, Thessaloniki, Greece

16:40-17:30

Session B

Chairpersons: Vlachaki Efthimia, Vlachogiannis Emmanouil

005 THE EVALUATION OF LOW POWER LASER THERAPY IN POSTTRAUMATIC AND DEGENERATIVE SHOULDER PATHOLOGY IN THE ELDERLY

Revnic F¹, Nica A.S.², Revnic C.R.¹, Mologhianu G.², Alexandru S.³
National Institute of Gerontology and Geriatrics Ana Aslan and University of Medicine and Pharmacy Carol Davila, Bucharest, Romania

006 NEW GLOBAL THROMBIN TEST (GTT, COST FREE TEST)

Makris P.E., Makris M.P., Koliakos G.
Aristotle University of Thessaloniki, Greece

007 RECURRENT FETAL LOSSES: ETIOLOGICAL AND THERAPEUTIC APPROACH

Foifa A., Makris P.M., Kanidis A., Makris P.E.
Aristotle University of Thessaloniki, Greece

008 NONALCOHOLIC FATTY LIVER DISEASE-PRESENT AND FUTURE

Stoian M.
Dept Internal Medicine, Carol Davila University of Medicine, Bucharest, Romania

009 MULTIPLE DAILY INSULIN INJECTIONS (MDI) VERSUS CONTINUOUS SUBCUTANEOUS INSULIN INFUSION (CSII) IN TYPE 1 DIABETES MELLITUS PATIENTS

Karagianni P., Katsoulis Ch., Miserlis G., Tsolakidis I., Zografou I., Sampanis Ch., Zamboulis Ch.
Diabetes Centre, Hippocratio General Hospital, Thessaloniki, Greece

010 CONTINUOUS SUBCUTANEOUS INSULIN INFUSION VERSUS MULTIPLE DAILY INJECTION THERAPY AND QUALITY OF LIFE OF TYPE 1 DIABETES MELLITUS PATIENTS

Karagianni P., Katsoulis Ch., Miserlis G., Tsolakidis I., Douloumbakas I., Koulas G., Sampanis Ch., Zamboulis Ch.
Diabetes Centre, Hippocratio General Hospital, Thessaloniki, Greece

17:30-18:00	Lecture Chairperson: Grekas Dimitrios Balancing immunosuppression to ensure best recipient survival and optimal long term renal allograft function Vergoulas George
18:00-19:30	Round Table MANAGEMENT OF CARDIOVASCULAR RISK IN PERIMENOPAUSAL WOMAN Chairpersons: Skouby Sven, Christodoulakos George Impact of menopause on cardiovascular risk Christodoulakos George Pharmacogenetics in menopause management Lambrinoudaki Irine Management plan and priorities for risk factor management. A postmenopausal woman who received or not HRT during perimenopause Skouby Sven The role of a cardiologist in managing a postmenopausal woman Gouzoumas Nikolaos
19:30-20:45	Round Table JOINT SESSION WITH TURKISH TRAKYA UNIVERSITY AND CLINICAL NEUROCARDIOLOGY SOCIETY Chairpersons: Altun Armagan, Ekuklu Galip Quality of life in stroke Birtane Murat Quality of life and sleep in depression Caliyurt Okan Melatonin and cardiovascular system Altun Armagan
20:45	Opening Ceremony
22:00	Welcome Reception

Alexandros II Hall

- 16:00-17:30 **Free Announcement**
- Session C
Chairpersons: **Markala Dimitra, Samolis Stavros**
- 011 THE EXPRESSION OF ADHESION MOLECULES ON ENDOTHELIAL CELLS UNDER THE INFLUENCE OF COLORECTAL CANCER CELLS**
Paschos A.K., Canovas D., Bird C.N.
Liver Research Group, Section of Oncology, School of Medicine & Biomedical Sciences, Royal Hallamshire Hospital, The University of Sheffield, UK
- 012 EXPERIMENTAL BASIC RESEARCH METHODS ON COLORECTAL CANCER LIVER METASTASIS**
Paschos A.K., Canovas D., Bird C.N.
Liver Research Group, Section of Oncology, School of Medicine & Biomedical Sciences, Royal Hallamshire Hospital, The University of Sheffield, UK
- 013 SCREENING OF HEPATOCELLULAR CARCINOMA**
Sadiku E., Basho J.
UHC Mother Teresa, Department of Internal Medicine and HTA, Tirana, Albania

- 014 HUMAN ANISAKIOSIS AND A PREDICTION MODEL FOR ANISAKIS spp. BURDEN IN MEDITERRANEAN HORSE MACKEREL (TRACHURUS TRACHURUS)**
Tantanasi J.¹, Diakou A.², Tamvaki A.¹, Batjakas I.¹
¹Laboratory of Ichthyology, Department of Marine Sciences, University of the Aegean, Mytilene, Lesvos, Greece,
²Laboratory of Parasitology and Parasitic Diseases, Veterinary Faculty, Aristotle University of Thessaloniki, Greece
- 015 RELATIONSHIP BETWEEN LIPID AND CRP SERUM LEVELS AND ATHEROMATOSIS RISK FACTORS, IN A RANDOM POPULATION SAMPLE**
Koteli A.¹, Tsingene S.¹, Gouzoumas N.², Psirropoulos D.²
¹Biopathology Laboratory, ²Cardiology Department & CCU, G. Gennimatas, General Hospital of Thessaloniki, Greece
- 016 VIOLENCE AGAINST HEALTH CARE STAFF IN GENERAL HOSPITALS IN GREECE**
Koukia E., Mangoulia P., Papageorgiou D., Katostaras Th.
Faculty of Nursing, University of Athens, Greece
- 017 BURNOUT SYNDROME IN MEDICAL DOCTORS IN A UNIVERSITY HOSPITAL FACILITY**
Karatzoglou I.¹, Malindretos P.¹, Vergoulas G.², Zlatanos D.¹
¹1st Medical Department, AHEPA University Hospital, Aristotle University of Thessaloniki, Greece
²Transplantation Department, Hippokration University Hospital, Aristotle University of Thessaloniki, Greece
- 018 HEALTH STATUS OF YEREVAN UNIVERSITY STUDENTS WITH HEADACHES**
Avagyan A.
National Institute of Health of Republic of Armenia
- 019 THE QUALITY OF LIFE OF THE PATIENTS WHO UNDERWENT SURGICAL TREATMENT ON THYROID CANCER**
Ihumnau S.
Forensic Psychiatry, Belarusian Medical University, Belarus
- 020 THE LEVEL OF TEAMWORK AS AN INDEX OF QUALITY IN ICU PERFORMANCE**
Kydonia Ch., Malamis G., Giasnetsova T., Tsiora V.¹, Gritsi-Gerogianni N.
ICU - Hippokration General Hospital Thessaloniki, Greece
- 021 FROM COGNITION TO GENES: VERBAL MEMORY DEFICITS ARE THE MOST SIGNIFICANT ENDOPHENOTYPES OF SCHIZOPHRENIA**
Pentaraki A.D.^{1,6}, Stefanis N.K.^{1,4,5}, Stahl D.², Roukas D.⁵, Theleritis C.⁵, Kaliora S.C.⁵, Chatzimanolis I.⁵, Smyrnis N.⁵, Russell T.¹, Kravariti E.¹, Toulopoulou T.^{1,3}, Murray R.¹
¹Institute of Psychiatry, King's College London, Division of Psychological Medicine, London, United Kingdom
²Institute of Psychiatry, King's College London, Department of Biostatistics, London, United Kingdom
³Harvard Medical School, Department of Psychiatry, ⁴University Mental Health Research Institute, Athens, Greece,
⁵Aeginition Hospital, Department of Psychiatry, National and Kapodistrian University of Athens, Athens, Greece
⁶Hippocration General Hospital, Department of Psychiatry, Thessaloniki, Greece

17:30

-18:00

LectureChairpersons: **Kyrkos Ioannis, Givisis Panagiotis**

Quality of life in patients with scoliosis

Christodoulou Anastasios

18:00-19:30

Round Table**PRENATAL DIAGNOSIS: CURRENT PROSPECTIVES**Chairpersons: **Kalogeropoulos Achileas, Tzevelekis Filippos**

Chromosomal ultrasound markers

Stefos Theodoros

Fetal echocardiography

Assimakopoulos Efstratios

Prenatal diagnosis in twins

Skentou Chara

Relation of cervical length and premature labour

Prappas Nikolaos

	Lecture Chairpersons: Ioannidis Evangelos, Tzakas Konstantinos Urinary incontinence and quality of life Tsalikis Trifonas
20:00-20:30	Lecture Chairperson: Lefkos Nikolaos Treatment with angiotensin-converting enzyme inhibitors, angiotensin receptor blockers or both? Vogiatzis Ioannis
	Amfytrion Hall
10:00-13:00	Pre-Congress Workshop DEPRESSION AND FUNCTIONAL DISTURBANCES IN PATIENTS WITH SOMATIC ILLNESS Chairperson: Vidalis Athanasios <p>Introductory Remarks Vidalis Athanasios</p> <p>Coronary Disease and Depression Geleris Paraschos</p> <p>Case Presentations from the Cardiological Unit Trainees</p> <p>Depression in Preliminary Health Care Lionis Christos</p> <p>Functional Disturbances of Gastrointestinal Tract: Irritable bowel Syndrome Tzathas Christos</p> <p>Case Reports</p> <p>Diagnosis of Treatment Depression Disorder and of Functional Disturbances Syngelakis Markos</p> <p>Discussion</p>
14:30-16:00	1st PAN-HELLENIC WORKING FORUM OF HOSPITAL'S SCIENTIFIC BOARD PRESIDENTS Chairperson: Vidalis Athanasios <p>Ethical and administrative issues of scientific research protocols</p> <p>Scientific collaborators: limits and possibilities for research, clinical and educational work</p> <p>Proposals for tackling functional problems in connection with other institutional hospital services</p> <p>Specific proposed themes</p> <p>General discussion - Proposals for the next meeting</p>
16:00-19:00	Workshop ADHERENCE TO GUIDELINES, CLINICAL EFFECTIVENESS AND QUALITY ASSESSMENT IN PRIMARY CARE Chairperson: Lionis Christos <p>Adherence to clinical guidelines in the prevention of coronary artery disease: key messages from a systematic review and experiences gained from Cyprus and Greece Lionis Christos</p> <p>Management of patients with cardiovascular risk factors in the primary healthcare setting of Cyprus: results of a quality assessment study Zachariadou Theodora</p>

Quality in primary health care: quality care for hypertensive patients.

Experience gained in Bulgaria

Dimova Rosica

Adherence to physicians' recommendation of patients with digestive problems

Economidou Irene, Anastassiou Fotini

Friday October 3rd 2008

Aristotelis I Hall

09:00-10:15

Round Table

MANAGEMENT OF PATIENTS WITH PERIPHERAL ATHEROSCLEROTIC DISEASE

Chairpersons: **Papadimitriou Dimitrios, Lazarides Miltiadis**

Pad and coprevalence of coronary arterial disease and carotid disease

Karamanos Dimitrios

Critical limb ischemia and treatment for limb salvage - lower extremity PAD

Pappas Periklis

Medical treatment of PAD

Pitoulias George

What do the guidelines say?

Christopoulos Dimitrios

10:15-11:05

Round Table

A DEBATE ON METABOLIC SYNDROME

Chairpersons: **Karamitsos Dimitrios, Milicic Davor**

It exists

Athyros Vasilios

It does not exist

Didaggelos Triantafillos

11:05-11:30

Lecture

Chairperson: **Karvounis Charalampos**

Obesity and the heart

Milicic Davor

11:30-12:00

Coffee Break

12:00-12:30

Lecture

Chairperson: **Boudonas George**

Wine and cardiovascular risk: Folklore or facts?

Zelveian Parounak

12:30-13:30

Round Table

NEW PERSPECTIVES IN OBESITY

Chairpersons: **Krassas Gerasimos, Hainer Vojtech**

Prevalence and predisposing factors for obesity in Greek children and adults

Tzotzas Themistoklis

Quality of life in obese patients before and after weight loss

Krassas Gerasimos

13:30-14:00

Lecture

Chairperson: **Krassas Gerasimos**

The future in obesity: Drugs or lifestyle intervention?

Hainer Vojtech

14:00-16:00

Break

14:00-15:00

Poster Discussion P01 - P60

Chairpersons: Papastefanou Stefanos, Lafaras Christos

P01 THE ROLE OF RHEUMATOID ARTHRITIS AS INFLAMMATORY DISEASE IN ATHEROSCLEROTIC PROCESS

Collaku L., Tafaj A., Lilaj I., Roshi E., Collaku A., Resuli M., Nelaj E., Bare O., Tase M., Sadiku E.
Department of Internal Medicine UHC Mother Teresa, Tirana, Albania

P02 THE PRESENCE OF ATRIAL FIBRILLATION IN PATIENTS WITH STROKE

Kutsogianni A., Borghi L., Gotsis A., Dourtsiou S., Molla S., Saridu S., Metallidis G., Risgits A., Costantinidu M., Kesidis V., Papatheodosiu K., Kutsogiannis O.
Health Centre of lasmos, Rodopi, Greece

P03 CONVERSION OF ATRIAL FIBRILLATION WITH PROPAFENONE

Kutsogianni A., Borghi L., Saridu S., Costantinidu M., Sevda M., Metallidis G., Kerasidu I., Kaisidis E., Papatheodosiu K., Kutsogiannis O.
Health Centre of lasmos, Rodopi, Greece

P04 EVALUATION OF MATRIX METALLOPROTEINASE 7 CONCENTRATION IN PATIENTS WITH ACUTE CORONARY SYNDROMES

Craciunescu I.¹, Revnic C.R.¹, Ginghina C.¹, Revnic F.²
National Institute of Gerontology and Geriatrics Ana Aslan and University of Medicine and Pharmacy Carol Davila, Bucharest, Romania

P05 EVALUATION OF MATRIX METALLO PROTEINASE-9 (MMP-9) AND ITS TISSUE INHIBITOR (TIMP1) IN PATIENTS WITH CORONARY SYNDROMES AFTER PERCUTANEOUS INTERVENTION (PCI)

Revnic C. R.¹, Ginghina C.¹, Craciunescu I.¹, Iancu M.¹, Revnic F.²
National Institute of Gerontology and Geriatrics Ana Aslan and University of Medicine and Pharmacy Carol Davila, Bucharest, Romania

P06 EVALUATION OF APOPTOSIS IN LYMPHOCYTES FROM PATIENTS WITH ACUTE CORONARY SYNDROMES

Revnic C. R., Ginghina C., Iancu M., Revnic F., Botea S.
National Institute of Gerontology and Geriatrics Ana Aslan and University of Medicine and Pharmacy Carol Davila, Bucharest, Romania

P07 EVALUATION OF POLYMORPHONUCLEAR CYTOTOXIC ACTIVITY IN PATIENTS WITH CORONARY SYNDROMES OF DIFFERENT AGES

Revnic C. R., Ginghina C., Iancu M., Revnic F., Botea S.
National Institute of Gerontology and Geriatrics Ana Aslan and University of Medicine and Pharmacy Carol Davila, Bucharest, Romania

P08 THE EVALUATION OF THE OXIDATIVE STRESS IN OBESE ADOLESCENT GIRLS WITH FULL OR PARTIAL METABOLIC SYNDROME

Karamouzis I. M.¹, Kanaka-Gantenbein C.¹, Pervanidou, Pl.¹, Magiakou M.- A.¹, Betina-Haidich A.², Karamouzis M. I.³, Vavatsi Christaki N.³, Papasotiriou I., Chrousos G. P.¹
Department of Endocrinology, Diabetes and Metabolism, First Pediatric Clinic., University of Athens, Greece,
²Laboratory of Hygiene, Faculty Medicine, Aristotle University of Thessaloniki Greece, ³Laboratory of Biological Chemistry, Faculty of Medicine Aristotle University of Thessaloniki Greece

Chairpersons: Lampropoulos Stelios, Kokkali Eleni

P09 EFFECTS OF LESCOL ON C-REACTIVE PROTEIN IN PRE-DIALYSIS PATIENTS

Gjata M., Gjergji Z., Malaj T., Morcka G., Tase M.
Service of Internal Medicine and Hypertension, University Hospital Centre Mother Teresa, Tirana, Albania

P10 ESSENTIAL ARTERIAL HYPERTENSION AND URIC RENAL STONE DISEASE

Gjata M., Tase M., Nelaj E., Sadiku E., Collaku L.
Service of Internal Medicine and Hypertension, University Hospital Centre Mother Teresa Tirana, Albania

P11 THE IMPACT OF HYPERTENSION AND CARDIOVASCULAR EVENTS ON RENAL FUNCTION IN AUTOSOMAL DOMINANT POLYCYSTIC KIDNEY DISEASE

Idrizi A., Barbullushi M., Kodra S., Strakosha A., Koroshi A., Thereska N.
Service of Nephrology, UHC Mother Teresa, Tirana, Albania

- P12 CARDIOVASCULAR DISEASE AS RISK FACTORS AFTER RENAL TRANSPLANTATION**
Kodra S., Idrizi A., Strakosha A., Thereska N., Barbullushi M.
Service of Nephrology, UHC Mother Teresa, Tirana, Albania
- P13 LONG TERM EFFECTS OF COMBINED THERAPY WITH ACE-INHIBITOR AND ANGIOTENSIN II RECEPTOR ANTAGONIST IN NON-DIABETIC NEPHROPATHIES**
Barbullushi M.¹, Idrizi A.¹, Kodra S.¹, Sadiku E.², Hoti K.¹, Koroshi A.¹, Strakosha A.¹, Thereska N.¹
¹Service of Nephrology and ²Internal Medicine UHC Mother Teresa, Tirana, Albania
- P14 CORRELATIONS OF ALBUMINURIA WITH SYSTOLIC AND DIASTOLIC LEFT VENTRICULAR DYSFUNCTION IN TYPE 2 DIABETES**
Nelaj E., Gjata M., Tase M.
Dept of Internal Medicine, UHC Mother Teresa, Tirana, Albania
- P15 POST-TRANSPLANT DIABETES MELLITUS AS RISK FACTOR OF CHRONIC ALLOGRAFT DYSFUNCTION**
Idrizi A., Kodra S., Strakosha A., Thereska N., Barbullushi M.
Service of Nephrology, UHC Mother Teresa, Tirana, Albania
- P16 MICROALBUMINURIA AS A PREVENTIVE FACTOR FOR CHRONIC KIDNEY DISEASE (CKD) AND ITS CORRELATION WITH OTHER RISK FACTORS**
Hoti K.¹, Barbullushi M.¹, Burazeri G.², Sadiku E.³, Idrizi A.¹, Deda L.⁴, Buzo S.⁵, Kodra S¹, Thereska N.¹
¹Service of Nephrology, ²Department of Biostatistics, ³Service of Internal Medicine, ⁴Department of Pharmacology, UHC Mother Teresa, ⁵Laboratory Buzo, Tirana, Albania
- P17 THE IMPACT OF GENDER IN THE PROGRESSION OF AUTOSOMAL DOMINANT POLYCYSTIC KIDNEY DISEASE**
Barbullushi M., Idrizi A., Koroshi A., Strakosha A., Kodra S., Thereska N.
Service of Nephrology, UHC Mother Teresa, Tirana, Albania
- P18 IMPACT OF ANEMIA ON CHRONIC ALLOGRAFT DYSFUNCTION**
Strakosha A., Idrizi A., Kodra S., Barbullushi M., Thereska N.
Service of Nephrology, UHC Mother Teresa, Tirana, Albania
- P19 ALDOSTERONE BLOCKADE IN DIABETIC NEPHROPATHY**
Mavrakanas T., Mironidou-Tzouveleki M.
A' Laboratory of Pharmacology, Medical School, Aristotle University of Thessaloniki, Greece
Chairpersons: **Tsiotras Christos, Arvaniti Kostoula**
- P20 OUTCOME FOLLOWING ADMISSION TO ICU AFTER CARDIAC ARREST 5-YEARS RETROSPECTIVE STUDY**
Mouloudi E., Georgiadou E., Giasnetsova T., Katsanoulas K., Papageorgiou C., Davlis M., Gritsi-Gerogianni N.
ICU, Hippokrateion General Hospital, Thessaloniki, Greece
- P21 IN VITRO ACTIVITIES OF LINEZOLID AND QUINUPRISTIN-DALFOPRISTIN AGAINST CLINICAL ISOLATES OF STAPHYLOCOCCUS EPIDERmidis, STAPHYLOCOCCUS HOMINIS AND STAPHYLOCOCCUS HAEMOLYTICUS**
Iliadis A.¹, Tsingene S.², Koteli A.², Bekridelis A.¹, Filippopoulos K., Antoniadou E.¹
¹Intensive Care Medicine, ²Biopathology Laboratory, G. Gennimatas, Thessaloniki General Hospital, Greece
- P22 DISTRIBUTION OF ENTEROCOCCAL INFECTIONS AND ANTIBIOTIC SUSCEPTIBILITY PATTERNS IN A GENERAL HOSPITAL**
Iliadis A.
Biopathology Laboratory, Intensive Care Medicine, G. Gennimatas, Thessaloniki General Hospital, Greece
- P23 OUTCOME OF ELDERLY CRITICALLY ILL PATIENTS ADMITTED IN ICU**
Pasakiotou M., Malamis G., Kydona Ch., Giasnetsova T., Gritsi-Gerogianni N.
ICU- Hippokration General Hospital, Thessaloniki, Greece
- P24 COMPARISON OF ICU OUTCOME BETWEEN ICU PATIENTS WITH CARDIAC ARREST AND RESPIRATORY FAILURE: A 20 YEARS RETROSPECTIVE STUDY**
Katsiki N., Koumpos A., Anastasiadou G., Santis G., Kariotis C., Tsipa B., Liolios A.
Intensive Care Unit, General Hospital Agios Dimitrios, Thessaloniki, Greece
- P25 CENTRAL VENOUS CATHETER-RELATED BLOODSTREAM INFECTIONS IN INTENSIVE CARE UNIT; 2 YEARS STUDY**
Kydona Ch., Malamis G. Giasnetsova T., Tsiotras Ch., Gritsi-Gerogianni N.
ICU-Hippokration General Hospital Thessaloniki, Greece

- P26 COMPARISON BETWEEN EARLY AND LATE TRACHEOTOMY IN RELATIONSHIP WITH VAP IN ICU PATIENTS**
Kydona Ch, Malamis G., Giasnetsova T., Tsiotras Ch., Gritsi-Gerogianni N.
ICU-Hippokration General Hospital Thessaloniki, Greece
- P27 NON INVASIVE VENTILATION AND ACUTE RESPIRATORY FAILURE DUE TO MYOCARDIAL INFARCTION**
Georgiou S., Zampeli E., S. Tzerefos, I. Gerogiannis, Nikita I., Antonakis V., Chrisos D., Guillaume-Vassilaki M.
Departments of Cardiology and Intensive Care Medicine, Tripoli General Hospital, Greece
- P28 EVALUATION OF DEVELOPMENT OF POSTERIOR PITUITARY DYSFUNCTION IN THE ACUTE PHASE FOLLOWING TRAUMATIC BRAIN INJURY IN CRITICALLY ILL PATIENTS**
Karali V., Massa E., Randou V., Giakamozis A., Kondou P., Rodini I., BitzaniM.
ICU G. Papanikolaou Hospital, Thessaloniki, Greece
- P29 POSTOPERATIVE ANALGESIA IN A DISTRICT GENERAL HOSPITAL. A STUDY OF 130 PATIENTS**
Lioliou A., Georgiou S., Gerogiannis I., Nikita I., Ionas G., Antonakis V., Marinakos P., Zampeli E.
Departments of Surgery and Internal Medicine, Tripoli General Hospital, Greece
- Chairpersons: **Tegos Ioannis, Tsinopoulos Ioannis**
- P30 VISION-RELATED QUALITY OF LIFE AFTER VITRECTOMY FOR PROLIFERATIVE DIABETIC RETINOPATHY**
Praidou A.^{1,2}, Kanonidou E.², Tsinopoulos I.¹, Economidis P², Dimitrakos S.¹
¹2nd Department of Ophthalmology, Papageorgiou Hospital, Aristotle University of Thessaloniki, Greece, ²1st Department of Ophthalmology, Ahepa Hospital, Aristotle University of Thessaloniki, Greece
- P31 BEST POSITION FOR EYE DROP INSTILLATION IN YOUNG ADULTS SUFFERING FROM CONJUNCTIVITIS**
Kanonidou E., Kanonidou C., Praidou A., Zotta P., Ziakas N., Boboridis K., Georgiadis N.
1st Department of Ophthalmology, Aristotle University of Thessaloniki, Greece
- P32 THE VF-14 IMPACT OF KERATOCONUS AFTER PENETRATING KERATOPLASTY**
Kanonidou E., Praidou A., Zotta P., Ziakas N., Boboridis K., Georgiadis N.
1st Department of Ophthalmology, Aristotle University of Thessaloniki, Greece
- P33 READING SPEED MEASUREMENT AS A RELIABLE INDEX FOR THE EVALUATION OF VISUAL FUNCTION IN STRABISMIC AMBLYOPIA**
Kanonidou E., Proudlock A.F, Gottlob I.
Department of Ophthalmology, University of Leicester, Leicester Royal Infirmary, UK
- P34 CHILDHOOD ESOTROPIA: OUTCOMES OF MANAGEMENT IN A GREEK REFERRAL CENTRE**
Kanonidou E., Ziakas N., Praidou A., Antoniadis M., Zotta P., Georgiadis N.
1st Department of Ophthalmology, Aristotle University of Thessaloniki, Greece
- P35 OCULAR INFLAMMATIONS: OUTCOMES OF EMPIRIC ANTIMICROBIAL THERAPY IN A GREEK REFERRAL CENTRE**
Kanonidou C.², Kanonidou E.¹, Praidou A.¹, Zotta P¹, Ziakas N.¹, Boboridis K.¹, Georgiadis N.¹
¹ 1st Department of Ophthalmology, Aristotle University of Thessaloniki, Greece
² Department of Microbiology, General Hospital AHEPA, Aristotle University of Thessaloniki, Greece
- P36 VISION-RELATED QUALITY OF LIFE AFTER PANRETINAL PHOTOCOAGULATION FOR PROLIFERATIVE DIABETIC RETINOPATHY**
Praidou A.^{1,2}, Kanonidou E.², Tsinopoulos I.¹, Economidis P², Dimitrakos S.¹
¹2nd Department of Ophthalmology, Papageorgiou Hospital, Aristotle University of Thessaloniki, Greece, ²1st Department of Ophthalmology, Ahepa Hospital, Aristotle University of Thessaloniki, Greece
- P37 SURGICAL MANAGEMENT OF ONE-EYE GLAUCOMA PATIENTS. A CRUCIAL DECISION FOR THE PATIENTS' QUALITY OF LIFE**
Zotta P., Kanonidou E., Mylopoulos N.
1st Ophthalmology Department, AHEPA Hospital, Aristotle University of Thessaloniki, Thessaloniki, Greece
- P38 CATARACT SURGERY IN ELDERLY PATIENTS AND QUALITY OF LIFE**
Gavala C., Kiriakopoulos N., Aggos I., Gavalas E.
Department of Ophthalmology, Ippocratio General Hospital, Greece
- P39 BENIGN INTRACRANIAL HYPERTENSION EFFECT ON VISUAL CAPACITY**
Gavala C., Kiriakopoulos N., Aggos I., Akritopoulou K., Akritopoulos P., Georgantis H., Gavalas E.
Department of Ophthalmology, Ippocratio General Hospital, Greece

Chairpersons: **Kamarianis Nikolaos, Pournaras Agathoklis**

P40 CAN EXTERNAL NASAL STRIPS AFFECT THE QUALITY OF THE INSPIRED AIR?

Lindemann J.¹, Tsakiroglou E.², Leiacker R.¹, Vital V.², Wiesmiller M. K.¹

¹Department of Otorhinolaryngology (Head: Prof. Dr. Gerhard Rettinger) University of Ulm, Ulm, Germany, ²1st

Department of Otorhinolaryngology, Aristotle University of Thessaloniki, Thessaloniki, Greece

P41 QUALITY OF LIFE AFTER COCHLEAR IMPLANTATION

Kyriafinis G., Aidona S., Vital V.

Cochlear Implantation Center-1st ENT Department of Aristotle University-AHEPA Hospital, Thessaloniki, Greece

P42 CONOPERATIVE TONSILLECTOMY IN THE SAME PATIENT WITH TWS VERSUS TYPICAL TONSILLECTOMY

Memet H., Gemeni D., Preponis M., Skouras A., Kontzoglou G.

E.N.T. Department, Hippokratio Hospital, Thessaloniki, Greece

Chairperson: **Mpaltas Ioannis**

P43 TREATMENT OF FRONTOBASAL FRACTURES AFTER HEAD INJURY

Syrmos N., Marakomichelakis J., Grigoriou K., Valadakis V., Logothetis J., Mastorakis G., Arvanitakis D.

Neurosurgical Department- Ent Department - Maxillofacial Department, Venizeleio General Hospital, Heraklion, Crete, Greece

P44 LUMBAR SPINE DEGENERATIVE DISEASES TREATMENT USING DYNAMIC SPINAL STABILIZATION SYSTEMS

Syrmos N., Valadakis V., Grigoriou K., Arvanitakis D.

Neurosurgical Department, Venizeleion General Hospital, Heraklion, Greece

P45 FLEXIS-SYSTEM-A INTERSPINOUS DEVICE -STUDY OF 90 CASES

Syrmos N., Valadakis V., Grigoriou K., Arvanitakis D.

Neurosurgical Department, Venizeleion General Hospital, Heraklion, Greece

P46 FACIAL TRAUMA AND THE RISK OF INTRACRANIAL INJURY IN MOTORCYCLISTS

Syrmos N., Marakomichelakis J., Grigoriou K., Valadakis V., Logothetis J., Mastorakis G., Arvanitakis D.

Neurosurgical Department- Ent Department - Maxillofacial Department, Venizeleio General Hospital-Heraklion, Crete, Greece

P47 TREATMENT OF TRAUMATIC BRAIN INJURY IN A DISTRICT GENERAL HOSPITALS

Georgiou S., Kolokoutsas B., Antonakis B., Gerogiannis, I lonas G., Zampeli E., Styliades P., Varotsis F.

Departments of Neurosurgery and Internal Medicine, Tripoli General Hospital, Greece

Chairpersons: **Zafragas Menelaos, Stamatelos Ioannis**

P48 WOMEN SATISFACTION SURVEY OF ROUTINE ULTRASOUND SERVICES IN NAOUSSA GENERAL HOSPITAL

Athanassiou E., Kasimiadou A., Tsoli M., Domatzis A.

Dpt of Obstetrics & Gynecology, Naoussa General Hospital, Hmavtia, Greece

P49 THREE YEARS PROSPECTIVE FOLLOW-UP OF TENSION-FREE VAGINAL TAPE PROCEDURE FOR TREATMENT OF STRESS URINARY INCONTINENCE EVALUATING LIFE QUALITY

Kiriakopoulos N., Gavala C., Aggos I., Akritopoulos P., Akritopoulou K., Georgantis H., Koumantakis G.

Department of Obstetrics and Gynecology, Ippocratio General Hospital, Greece

P50 BREAST CONSERVING THERAPY (BCT) IN EARLY DIAGNOSED BREAST CANCER

Kiriakopoulos N., Gavala C., Aggos I., Koumantakis G.

Department of Obstetrics and Gynecology, Ippocratio General Hospital, Greece

P51 VULVAR VESTIBULITIS SYNDROME

Thanasas I., Boursian K., Dritsas H., Haritos Th., Kravvaritis S., Zachaki A., Fouka A.

Department of Obstetrics - Gynecology of General Hospital in Lamia, Greece

P52 TORSION OF PARATUBAL CYST IN THE SECOND TRIMESTER OF GESTATION

Thanasas I., Boursian K., Dritsas H., Haritos Th., Kravvaritis S., Zachaki A., Fouka A.

Department of Obstetrics - Gynecology of General Hospital in Lamia, Greece

P53 CORRELATION BETWEEN NUCHAL TRANSLUCENCY AND FIRST TRIMESTER BIOCHEMICAL SCREENING FOR DOWNS SYNDROME

Athanassiou E.

Dpt of Obstetrics & Gynecology, Naoussa General Hospital, Hmavtia, Greece

- P54 EVALUATION OF THE ENLARGED UTERUS WITH MRI**
 Stamatopoulos Ch.¹, Tzevelekis F.¹, Tsalikis T.¹, Kassapis M.², Dimitriadis A.³
¹. 1st Dept. of O&G Aristotle University, Papageorgiou Hospital, Thessaloniki, Greece
². Dept. of O&G, General Hospital of Halkidiki, Poligiro, Greece
³. Dept. of Radiology Aristotle University, AHEPA G. Hospital, Thessaloniki, Greece
- P55 LATE ONSET OF SUBCUTANEOUS EMPHYSEMA FOLLOWING LAPAROSCOPIC PROCEDURES. CONCERNS A PROPOS OF ONE CASE**
 Konstantinidis H.¹, Pissanidou T.², Baltagi K.², Tabouka A.², Lioliou - Karagiani E.²
¹Interbalcan Medical Center of Thessaloniki, Greece, ²2nd IKA Hospital Panagia, Thessaloniki, Greece
- P56 HIGH GRADE ANAL CANAL DYSPLASIA AND PRIMARY CANCER DUE TO HPV INFECTION. REPORT OF A CASE**
 Konstantinidis H.¹, Pissanidou T.², Tabouka A.², Baltagi K.², Lioliou - Karagiani E.²
¹Interbalcan Medical Center of Thessaloniki, Greece, ²2nd IKA Hospital Panagia, Thessaloniki, Greece
- P57 MESENTERIC LYMPHADENITIS (CASE REPORT)**
 Papanikolaou Ch., Mahia G., Ainalis St., Lagopoulos V., Anthimidis G., Sklavos A., Hatzitheoharis G.
 1st Surgical Unit, Hippokration General Hospital Thessaloniki, Greece
- P58 CHEMOPREVENTION IN ORTHOPAEDIC SURGERY**
 Georgiou S., Lioliou A., Zampeli E., Marinakos P., Gerogiannis I., Ionas G., Patsatzis A., Fortis A.
 Departments of Surgery and Internal Medicine, Tripoli General Hospital, Greece
- P59 EMERGENCY SURGERY FOR EXTERNAL ANTERIOR ABDOMINAL HERNIA AND ITS MORBIDITY**
 Cela A., Celiku E., Agolli M., zicishti Y., Kaci M., kozeli A., Naco M., Gora N.
 1st Clinic of General and Digestive Surgery, University Hospital Center Mother Teresa, Tirana, Albania
- P60 EPIDEMIOLOGICAL SURVEILLANCE OF CONGENITAL ANOMALIES OF GASTRO-INTESTINAL TRACT**
 Klironomi I., Heta H.* Sallabanda S., Kola E., Silla S.* Lluka R., Zavalani F., Bujari I., Sallabanda G., Marku K., Kola A.
 PICU, *Pediatric Surgery, UHC, Mother Teresa, Tirana, Albania

Aristotelis I Hall

16:00-17:30	Round Table GYNECOLOGICAL CANCER Chairpersons: Mantalenakis Sergios, Papanikolaou Alexandros Pre - invasive disorders of female genital track Paraskevaidis Evangelos Ca of the uterine cervix Fotiou Stylianos Ca of the ovaries Chan Charlie Therapy of Malignancy Hatziproios Dimitrios
17:30-17:45	Coffee Break
17:45-19:15	Round Table STATE OF THE ART IN SURGERY Chairperson: Kanellos Ioannis The surgical status Kanellos Ioannis Quality in open abdominal surgery Papadopoulos Vasilios Quality in laparoscopy Papagiogas Vasilios Roadmap to quality in organ transplantation Giakoustidis Dimitrios

	Quality in vascular surgery Saratzis Nikolaos
19:15-19:35	Quality in surgical training Pramateftakis Manousos - Georgios
	Lecture Chairpersons: Lambrinoudaki Irene, Vlachogiannis Emmanouil
	Perceptions versus evidence on the cardiovascular benefit / risk balance associated with hormone therapy in perimenopausal women Pines Amos
19:35-20:00	Lecture Chairpersons: Papathanassiou Konstantinos, Roussou David
	Conservative management of myomas Istre Olav
20:00-20:30	Lecture Chairpersons: Stamatopoulos Panagiotis, Tantanassis Theocharis
	A national register for gallstone surgery - a tool for quality improvement Thulin Anders

Alexandros II Hall

09:00-10:00	Free Announcements
09:00-09:30	Session D Chairpersons: Platogiannis Dimitrios, Charitos Stefanos
022	RISK FACTORS OF CARDIOVASCULAR DISEASE AND ITS CORRELATION WITH INTIMAE MEDIA THICKNESS IN PREDIALYSIS PATIENTS Gjata M., Lilaj I., Nelaj E., Klosi J., Collaku L., Tase M. Department of Internal Medicine and HTA, University Hospital Centre Mother Teresa, Tirana, Albania
023	THE EFFECT OF HIGH CONCENTRATION OF C-REACTIVE PROTEIN (CRP) ON CARDIOVASCULAR MORBIDITY IN PATIENTS WITH CHRONIC RENAL DISEASE Gjata M., Gjergji Z., Morcka G., Malaj T., Koroshi A., Tase M. Internal Medicine and HTA, University Hospital Centre Mother Teresa, Tirana, Albania
024	ACUTE CORONARY SYNDROMES IN PATIENTS WITH RENAL DYSFUNCTION Siminelakis S. ¹ , Kotsanti A. ¹ , Baikoussis N. ¹ , Paziouros C. ¹ , Katopodis C. ² , Beis J. ¹ , Dimakopoulos G. ¹ , Petrou A. ³ , Papadopoulos G. ³ ¹ Department of Cardio-Thoracic Surgery, ² Department of Nephrology and, ³ Department of Anesthesiology, University Hospital of Ioannina, Greece
025	INCREASED PULSE PRESSURE IS RELATED TO LEFT VENTRICULAR HYPERTROPHY IN AUTOSOMAL DOMINANT POLYCYSTIC KIDNEY DISEASE Idrizi A. ¹ , Barbullushi M. ¹ , Koroshi A. ¹ , Zaimi E. ² , Petrela E. ³ , Kodra S. ¹ , Strakosha A. ¹ , Thereska N. ¹ ¹ Service of Nephrology, ² Service of Cardiology, ³ Department of Biostatistics, UHC Mother Teresa, Tirana, Albania
026	USE OF pro-BNP IN THE EMERGENCY DEPARTMENT AS PROGNOSTICAL INDICATOR OF MORBIDITY AND MORTALITY Kokkali E., Lazaridou F., Zaharia N., Gouzoumas N., Psifos V., Papadopoulou E., Nikolaidis P., Psirropoulos D., Cardiology Department & CCU, G. Gennimatas, General Hospital of Thessaloniki, Greece
027	ACUTE PHARMACEUTIC HEPATITIS AFTER AMIODARON INFUSION IN A PATIENT WITH ATRIAL FIBRILLATION Lazaridou F., Kokkali E., Psifos V., Gouzoumas N., Zaharia N., Papadopoulou E., Nikolaidis P., Psirropoulos D., Cardiology Department & CCU, G. Gennimatas, General Hospital of Thessaloniki, Greece
028	USE OF ERYTHROPOIETIN IN PATIENTS WITH HEART FAILURE Kokkali E., Lazaridou F., Gouzoumas N., Zaharia N., Psifos V., Nikolaidis P., Papadopoulou E., Psirropoulos D., Cardiology Department & CCU, G. Gennimatas, General Hospital of Thessaloniki, Greece

029	OUR EXPERIENCE RELATED TO ARTERIO-VENOUS ACCESS INHEMODIALISES PATIENTS Zenelaj A. Department of Surgery, Central University Military Hospital, Laprake, Tirana, Albania
09:30-10:00	Session E Chairpersons: Sioulis Athanasios, Malliara Maria
030	QUALITY OF DIALYSIS MODALITIES Stoian M. Carol Davila University of Medicine, Bucharest, Romania
031	RENAL MANIFESTATIONS OF HEPATITIS C VIRUS INFECTION Stoian M. Internal Medicine and Nephrology, Carol Davila University of Medicine, Bucharest, Romania
032	INFLUENCE OF ESSENTIAL AMINO ACID SUPPLEMENTATION ON SERUM ALBUMIN AND C-REACTIVE PROTEIN LEVELS IN CHRONIC HAEMODIALYSIS PATIENTS Gjergji Z., Gjata M., Malaj T., Bare O., Morcka G., Tase M. Department of Internal Medicine, University Hospital Centre Mother Teresa, Tirana, Albania
033	PREVALENCE OF C-REACTIVE PROTEIN AND ITS CORRELATION WITH SERUM ALBUMIN IN CHRONIC HEMODIALYSIS PATIENTS Gjergji Z., Gjata M., Morcka G., Malaj T., Barbullushi M. Nephrology, University Hospital Centre Mother Teresa, Tirana, Albania
034	LOW DOSE ATG VERSUS IL-2R ANTAGONIST INDUCTION THERAPY IN FIRST CADAVERIC KIDNEY TRANSPLANTATION Vergoulas G., Miserlis Gr., Ioannidis I., Karaba S., Chatzimichailidou P., Solonaki F., Papagiannis A., Papanikolaou V., Takoudas D. Organ Transplant Unit, Hippokratio Hospital, Thessaloniki, Greece
035	CHANGES OF BODY MASS INDEX THE FIRST YEAR AFTER KIDNEY TRANSPLANTATION Vergoulas G., Ioannidis I., Vlachou A., Posa L., Karaba S., Malindretos P., Tsalidou M., Miserlis Gr., Solonaki F., Papagiannis A., Papanikolaou V., Grekas D., Takoudas D. Organ Transplant Unit, Hippokratio General Hospital, Thessaloniki, Greece
036	KIDNEY TRANSPLANTATION FROM CADAVERIC ELDERLY DONORS Miserlis G., Vergoulas G., Papanikolaou V., Poza L., Dinas A., Antoniadis N., Vrochidis D., Fouzas I., Imvrios G., Giakoustidis D., Takoudas D. Organ Transplant Unit, Hippokration Hospital, Thessaloniki, Greece
10:00-10:30	Lecture Chairpersons: Gerasimidis Thomas, Hatzitheoharis Georgios Quality of life after colectomy - aneurism Kiskinis Dimitrios
10:30-11:00	Lecture Chairperson: Zakinthinos Epaminontas Clinical approach in diagnosis of pulmonary embolism Minati Massimo
11:00-11:30	Lecture Chairperson: Zampoulis Chrisanthos Cardiovascular function: Is it enough the lowering of blood pressure? Zakke Ilja
11:30-12:00	Coffee Break
12:00-12:30	Lecture Chairpersons: Christoforidis Ioannis, Papadopoulos Periklis Exercise and quality of life Papavasiliou Kyriakos

12-30-14:00

Round Table

ICU, INTRACRANIAL PRESSURE, AND QUALITY OF LIFE

Chairpersons: **Matamis Demetrios, Tsonidis Christos**

ICP/CPP targeted therapy

Katsanoulas Konstantinos

Surgical Management of ICP Crisis

Tsitsopoulos Parmenion

Transcranial Doppler Monitoring in Traumatic Brain Injury

Vakalos Aris

rCBF: The definite Bedside Monitoring

Horn Peter

Special Commentator: **Tsitsopoulos Philippou**

Discussion with audience

14:00-16:00

Break

16:00-17:30

Free Announcements

16:00-16:45

Session F

Chairpersons: **Kazinakis Georgios, Paraskevaidis Stelios**

037

QUALITY OF LIFE IN PATIENTS WITH CARDIAC HEART FAILURE

Bare O., Gjata M., Klosi J., Nelaj E., Sadiku E., Lilaj I., Collaku L., Como K., Tase M.
Internal Medicine and HTA, University Hospital Center Mother Teresa, Tirana, Albania

038

SUBCLINICAL HYPOTHYROIDISM AND CORONARY ARTERY DISEASE IN OLDER PERSONS (60-75 YEARS) DURING (2004-2007) IN ALBANIAN

Poshi K.¹, Shahini A.², Nelaj E.³, Klosi J.³

¹Nursing Faculty, ²Department of Cardiology, Center of Public Health Nr 1, ³Department of Internal Medicine, University Hospital Center Mother Theresa, Tirana, Albania

039

THE EFFECTS OF EXERCISE IN PATIENTS WITH HEART FAILURE NYHA CLASS II-III

Kokkali E., Lazaridou F., Papadopoulou E., Gouzoumas N., Zaharia N., Psifos V., Nikolaidis P., Psirropoulos D.
Cardiology Department & CCU, G. Gennimatas, General Hospital of Thessaloniki, Greece

040

CAROTID ARTERY DISEASE IN DIABETIC PATIENTS WITH ACUTE MYOCARDIAL INFARCTION

Kokkali E., Lazaridou F., Psifos V., Gouzoumas N., Zaharia N., Papadopoulou E., Nikolaidis P., Psirropoulos D.
Cardiology Department & CCU, G. Gennimatas, General Hospital of Thessaloniki, Greece

041

THE USEFULNESS OF PRO BNP, CRP AND TROPONIN IN DIABETIC TYPE II PATIENTS AND NON-STEMI

Kokkali E., Lazaridou F., Zaharia N., Gouzoumas N., Psifos V., Papadopoulou E., Nikolaidis P., Psirropoulos D.
Cardiology Department & CCU, G. Gennimatas, General Hospital of Thessaloniki, Greece

042

PARTICULAR ASPECTS OF SYNCOPES IN A 72 YEARS OLD WOMAN PATIENT. CASE REPORT

Revnic C.R.¹, Ginghina C.¹, Mereuta A.¹, Apetrei E.¹, Craciunescu I.¹, Revnic F.²

National Institute of Gerontology and Geriatrics Ana Aslan and University of Medicine and Pharmacy Carol Davila, Bucharest, Romania

16:45-17:30

Session G

Chairpersons: **Styliadis Ioannis, Vogiatzis Ioannis**

043

SUCCESSFUL THROMBOLYSIS OF RIGHT ATRIAL AND VENTRICULAR THROMBI IN A PATIENT WITH MASSIVE PULMONARY EMBOLISM

Vogiatzis I., Sachpekidis V., Stafilas P., Sidiropoulos A., Dapcevic I., Pitas S., Tsagaris V.
Department of Cardiology, General Hospital of Veria, Greece

044

PROGNOSTIC VALUE OF PRO-BRAIN NATRIURETIC PEPTIDE (BNP) MEASUREMENTS IN PATIENTS WITH ACUTE CORONARY SYNDROMES (ACS)

Vogiatzis I., Stafilas P., Sachpekidis V., Dapcevic I., Moldovan L., Sidiropoulos A., Vildou M., Chatzis C
Department of Cardiology, General Hospital of Veria, Greece

- 045 PREDICTORS OF DELAY IN SEEKING TREATMENT IN PATIENTS WITH STEMI**
 Vogiatzis I., Sachpekidis V., Stafilas P., Tsagaris V., Moldovan L., Dapcevic I., Dimitriadis M., Kalaitzoglou N.
 Department of Cardiology, General Hospital of Veria, Greece
- 046 CORRELATION OF WAIST CIRCUMFERENCE WITH CARDIOVASCULAR RISC FACTORS AND METABOLIC SYNDROME**
 Spyromitros G., Papadopoylos J., Daskalopoulos G., Tsounos J..
 General Hospital of Katerini, Cardiology Department, Katerini, Greece
- 047 THE RECURRENCE AND FREQUENCY OF VENTRICULAR ARRHYTHMIA ARE LOWER IN WOMEN THAN IN MEN WITH DILATED CARDIOMYOPATHY AND IMPLANTABLE CARDIOVERTER DEFIBRILLATORS**
 Moschos G., Hatzinikolaou-Kotsakou E., Beleveslis Th., Reppas E., Kotsakou M., Tsakiridis K.
 Electrophysiology Department, Saint Lukas Hospital, Thessaloniki, Greece
- 048 EVALUATION OF STROKE RISK IN PATIENTS WITH NONVALVULAR ATRIAL FIBRILLATION ACCORDING THE CHADS2 STROKE RISK INDEX**
 Spyromitros G.¹, Gogos A.², Tsounos J.¹
¹General Hospital of Katerini, Cardiology Department, Katerini, Greece
²General Hospital of Kastoria, Greece

17:30-17:45	Coffee Break
17:45-18:15	Lecture Chairperson: Farsky Stefan Do beta blockers and diuretics have role to play in managing arterial hypertension? Teesalu Rein
18:15-19:45	Lecture Chairperson: Psiropoulos Dimitrios Lipids, what about them in 2008? Still relevant? Chajek Tova
19:45-20:15	Round Table WHEN THE HEART FAILS SO DOES THE KIDNEY Chairpersons: Vergoulas George, Gaillard Carlo Pathophysiology of renal failure in heart failure Vlahakos Ioannis New pharmacological approaches (when heart fails) in renal failure: The EPO paradox and hemoglobin targets Gaillard Carlo The dangers of diuretics (when heart and kidney fail) Macfadyen Robert Non pharmacological treatment (when heart fails) of renal failure Myslerlis Grigoris How to use antithrombotic drugs in patients with renal dysfunction Spaia Sofia

Amfytrion Hall

- 18:00-20:30 **Workshop**
NUTRITIONAL SUPPORT IN CRITICALLY ILL PATIENTS
 Chairpersons: **Passakiotou Marily, Bitzani Mily**
 Nutritional elements (trace elements - vitamins)
 Malnutrition disturbances in starvation and stress
Passakiotou Marily

Nutrition evaluation : energy and micronutrients demands
Yasnetsova Tatiana

Enteral nutrition

a. Indications, when, methods of administration, monitoring, complications
Rodini Ivi

b. Nutritional solutions
Voutsas Vasilios

Total parenteral nutrition
Karapanagiotou Areti

Case-studies
Bitzani Milly

Demonstration of artificial nutrition products
Flamouropoulou Penelope
Kika Alexandra

Saturday October 4th 2008

Aristotelis I Hall

09:30-10:30

Round Table

QUALITY IN PRIMARY HEALTHCARE: A NEW PERSPECTIVE

Chairperson: **Symeonidis Athanasios**

A new perspective in primary health care
Symeonidis Athanasios

The importance of quality assurance in general practice: a new target for the Greek primary health care
Karotsis Antonios

European practice assessment. Quality management with indicators that matter
Szecsenyi Joachim

10:30-11:00

Lecture

Chairperson: **Sakantamis George**

Clinical every day applications of brain natriuretic peptide: Is an end?
Zarifis Ioannis

11:00-11:30

Lecture

Chairperson: **Kahan Thomas**

Management of hypertension and beyond cardiovascular protection in 2008
Farsky Stefan

11:30-12:00

Coffee Break

12:00-12:30

Lecture

Chairperson: **Psirropoulos Dimitrios**

Computed tomography in coronary artery disease
Kajander Sami

12:30-14:30

Satellite - Round Table

ELDERLY AND LONG TERM EFFICACY OF CORONARY BY-BASS GRAFTING, CORONARY ANGIOPLASTY AND PERCUTAENOUS VALVE REPLACEMENT

Chairpersons: **Kemkes Berhard-Michael, Angelis Elias**

Angioplasty in Elderly
Mamadas George

Cardiac surgery for octogenarians - a suitable procedure? Quality of internal thoracic artery grafts

mediastinal irradiation

Gansera Brigitte

Outcome of more than 8,000 patients with bilateral versus single ITA bypasses and patency of internal artery compared to vein grafts. Angiographic findings in symptomatic patients after 12 years of follow up

Kemkes Berhard-Michael

Percutaneous valve replacement. Early results

Bauernschmitt Robert

14:30-16:00

Break

Alexandros I Hall

14:30-15:30

Poster Discussion P61-P92

Chairpersons: **Lazaridou Fotini, Arvaniti Maria**

P61 DIETARY PATTERNS OF A HYPERTENSIVE POPULATION IN NORTHERN GREECE

Kokkali S., Dardavessis Th., Stergiopoulos Chr., Dimopoulou S.

Department of Hygiene, Aristotle University of Thessaloniki, Greece

P62 EARLY STAGE OF PROECLAMPSIA AND PREMATURE LABOR. A DESCRIPTION OF TWO CASES

Katsarou I., Tourikis I., Lountzi K.

General Hospital of Zakynthos, Greece

P63 H.PYLORI AND CHRONIC GASTRITIS BIOCHEMICAL PROPERTIES OF THE FRACTION 1-57 FROM HPNAP: MOLECULAR DYNAMICS SIMULATIONS

Pentas S., Kottakis F., Logothetidis S., Papadopoulos G.

2nd Dept. of Internal Medicine, Hippokratio General Hospital of Thessaloniki, Greece

P64 ANEMIA IN PATIENTS WITH DIABETES MELLITUS AND NORMAL RENAL FUNCTION

Zografou I., Liveris A., Papadopoulou D., Koulas G., Mirkopoulou D., Sabanis C.

B PP Hippokrateio Hospital of Thessaloniki, Greece

P65 RISK FACTORS FOR IRRITABLE BOWEL SYNDROME IN CHILDHOOD

Xinias I., Mavroudi A., Demertzidou V., Tsiroukidou K., Platnaris A., Spiroglou K.

3rd Pediatric Department, Aristotle University, Hippocration Hospital, Thessaloniki, Greece

P66 THE PREVALENCE OF NONASTHMATIC EOSINOPHILIC BRONCHITIS

Klosi J., Bare O., Resuli M., Lilaj I., Collaku L., Nelaj E., Sadiku E., Poshi K., Tase M.

University Hospital Center: Mother Teresa, Service of Internal Medicine and HTA, Tirana, Albania

P67 MUSCULOSKELETAL TUBERCULOSIS - A FORGOTTEN RADIOLOGY PICTURE

Katsarou I., Kapros I., Christopoulos A., Diamantakis G.

General Hospital of Zakynthos, Greece

P68 INTRATHORACIC STOMACH AS A RARE CAUSE OF RESPIRATORY

DISTRESS: IMAGING FINDINGS IN TWO CASES

Katsiba D., Kaitartzis Ch., Mavridou Ch., Smponia A., Kirintzis P., Arvaniti M.

Department of Radiology G. Hospital of Thessaloniki, G.Gennimatas, Greece

P69 USE OF CT SCANNING IN THE SELECTION OF PATIENTS WITH PECTUS EXCAVATUM SUITABLE FOR SURGICAL REPAIR

Arvaniti M., Kaitartzis Ch., Christopoulou A., Smponia A., Mavridou Ch., Kaziani Th., Katsiba D.

Department of Radiology, G. Hospital of Thessaloniki, G. Gennimatas, Greece

P70 A SPECTRUM OF INFERIOR VENA CAVA (IVC) CONGENITAL ANOMALIES: CT FINDINGS

Arvaniti M., Kaitartzis Ch., Christopoulou A., Mavridou Ch., Smponia A., Katsiba D.

Department of Radiology, G. Hospital of Thessaloniki, G. Gennimatas, Greece

- P71 THE EFFECT OF THE VENAL TYING AND THAT OF PHYSICAL ACTIVITY IN THE EVALUATION OF LABORATORIAL EXAMINATIONS**
Irini Katsarou
General Hospital of Zakynthos, Renal Unit, Greece
- P72 THE TERATOGEN CYCLOHEXIMIDE IN ESTROGENIC DISRUPTION AND BREAST CANCER**
Emmanouil-Nikoloussi E.N.¹, Frangou H.², Nikoloussis E.¹, Manthou M.E.¹, Papamitsou Th., Goula Ch.¹, Massouridou S.², Likartsis Ch.¹, Lazaridis Ch.³, Manthos A.¹
¹Laboratory of Histology-Embryology and Anthropology, ²Laboratory of General Biology
³B' University Surgical Clinic Gennimatas Hospital Faculty of Medicine, Aristotle University of Thessaloniki, Greece
- Chairpersons: **Tsilikas Sotirios, Tympalexi Georgia**
- P73 LACKS OF THE MEDICAL CARE ON THE INITIAL STAGE OF THE PRIMARY HEALTHCARE SYSTEM REFORM**
Tsinamdzgvishvili B., Trapaidze D., Abesadze T., Rekhviashvili A.
Georgian Society of Hypertension; M. Tsinamdzgvishvili National Institute of Cardiology, Georgia
- P74 PATIENT'S CONTENTMENT BY MEDICAL TREATMENT RECEIVED BY GENERAL PRACTITIONERS**
Jovicic N.
General Practice, Health Center Savski Venac, Belgrade, Serbia
- P75 THE IMPROVEMENT OF INITIATING COMMUNICATION WITH ADULTS USING THE PICTURE EXCHANGE COMMUNICATION SYSTEM IN CHILDREN WITH AUTISM**
Karamouzi A.¹, Karamouzis I.², Fotiadou E.¹, Tsimaras V.¹, Dalkafoukis V., Tsikoulas I.³ and Angelopoulou-Sakadami N.¹¹Laboratory of Special Education and Developmental Medicine, Department of Physical Education and Sport Medicine, University of Thessaloniki, Greece, ²Department of Endocrinology and Metabolism, First Pediatric Clinic, Aghia Sophia, Children Hospital, Faculty of Medicine, University of Athens, Greece, ³First Pediatric Clinic, Hippocratio Hospital, University of Thessaloniki, Greece
- P76 EVALUATION OF THE BELIEFS OF 316 PATIENTS WITH ATHEROSCLEROSIS RISK FACTORS ABOUT THEIR QUALITY OF LIFE BY USING THE SF-36 QUESTIONNAIRE**
Nikiforidou M., Nikiforidou D., Saritzoglou A., Daskalopoulou E., Vlachogiannis E.
General Hospital of Thessaloniki St Paul, Department of Internal Medicine, Department of Statistics and Insurance Science, University of Piraeus, Greece
- P77 CLINICAL AND DEMOGRAPHIC CHARACTERISTICS OF THE NEW PATIENTS TO THE ACUTE WARD OF THE PSYCHIATRIC HOSPITAL OF PETRA OLYMPUS**
Papanikolaou K., Kirittopoulos A., Graigos T., Voura N.
Acute Ward, Psychiatric Hospital of Petra Olympus, Katerini, Greece
- P78 COMPREHENSIVENESS OF CARE. CO-OPERATION OF PSYCHIATRIC SERVICES AND LOCAL COMMUNITY SERVICES. CASE STUDY**
Voura N., Papanikolaou K., Navrozidou Z., Trantzas V.
Acute Ward, Psychiatric Hospital of Petra Olympus, Katerini, Greece
- P79 NEUROPSYCHOLOGICAL ASSESSMENT IN PSYCHIATRIC DISORDERS**
Pentaraki A.D.^{1,2}, Samolis S.², Vidalis A.²
¹Institute of Psychiatry, King's College London, Division of Psychological Medicine, London, United Kingdom,
²Hippocration General Hospital, Department of Psychiatry, Thessaloniki, Greece
- P80 CLINICAL AND DEMOGRAPHIC CHARACTERISTICS OF FOREIGN PATIENTS ADMITTED FOR THE FIRST TIME \ TO THE ACUTE WARD OF THE PSYCHIATRIC HOSPITAL OF PETRA OLYMPUS, (P.H.P.O.)**
Papanikolaou K., Graigos T., Kirittopoulos A., Voura N.
Acute Ward, Psychiatric Hospital of Petra Olympus, Katerini, Greece
- P81 THE BURNOUT SYNDROME OF THE NURSING STAFF WORKING IN THE ACUTE WARD OF THE PSYCHIATRIC HOSPITAL OF PETRA OLYMPUS (P.H.P.O.) AND THE SURGICAL WARD OF THE GENERAL HOSPITAL (G.H.) OF KATERINI**
Papanikolaou K.¹, Voura N.¹, Graigos T.¹, Kirittopoulos A.¹, Trantzas V.¹, Kalavas I.²
¹Psychiatric Hospital of Petra Olympus, Katerini, Greece
²General Hospital of Katerini, Greece

- P82 APPLICATION AND EVALUATION OF QUALITY INDICATORS IN ICU**
Vakalos A., Tsigaras G., Makrakis V.
ICU, Xanthi General Hospital, Xanthi, Greece
- P83 ALIGNING CULTURE WITH QUALITY**
Tarek O.
Alexandria University Hospitals, Hospital Quality Assurance Unit, Alexandria, Egypt
- P84 TREATING AND PREVENTING RELAPSE IN DEPRESSION AND ANXIETY THROUGH MINDFULNESS-COGNITIVE THERAPY**
Pentaraki A.D.^{1,2}
¹Institute of Psychiatry, King's College London, Division of Psychological Medicine, London, United Kingdom
²Hippocration General Hospital, Department of Psychiatry, Thessaloniki, Greece
- Chairpersons: **Koutlianios Nikolaos, Tsigilis Nikolaos**
- P85 EXERCISE'S BENEFITS TO PATIENTS WITH CHRONIC HEART FAILURE**
Paspala I., Fachantidis A., Tsiotra P., Papadopoulou E., Tsami K., Fachantidou-Tsiliogioglou A.
Department of Physical Education, Aristotle University of Thessaloniki, Greece
- P86 TECHNOLOGIC RELATED VIOLENCE AGAINST IRANIAN PREGNANT WOMEN 2008**
Rahmanian F.
Midwifery, Larestan Islamic Azad University, Shiraz, Iran
- P87 EVIDENCE BASED EDUCATION AS PROMOTING EDUCATIONAL QUALITY IN UNIVERSITY AND EVALUATION OF BARRIERS AMONG IRANIAN MEDICAL**
Rahmanian F.
Midwifery, Larestan Islamic Azad University, Shiraz, Iran
- P88 OXIDATIVE STATUS IN CARDIOVASCULAR DISEASES**
Papadopoulou E., Tsigalida E., Liamopoulos P., Simoglou F., Psirropoulos D.
Cardiology Department G. Gennimatas, General Hospital of Thessaloniki. Surgery Department, General Hospital of Naoussa, Greece
- P89 THE PREVENTION ROLE OF EXERCISE IN OSTEOPOROSIS**
Papadopoulou E.¹, Doubala D.¹ Tsami K.² Paspala I.² Psirropoulos D.¹
¹Cardiology Department G. Gennimatas, General Hospital of Thessaloniki, ²Department of Physical Education, Aristotle University of Thessaloniki, Greece
- P90 PHYSICAL ACTIVITY AND CANCER**
Tsami K., Tsami A., Karagiannides E., Papadopoulou E., Aslanidou M., Paspala I.
Department of Physical Education, Aristotle University of Thessaloniki, Greece
- P91 CAUSES, EFFECTS AND WAYS OF OBESITY'S TREATMENT**
Aslanidou M., Tsami K., Papadopoulou E.
Department of Physical Education, Aristotle University of Thessaloniki, Greece
- P92 THE ASSAY OF FACTORS AFFECTED TOCOPHOBIA MANAGEMENT IN NULLIGRAVID WOMEN IN GOVERNMENTAL CLINICS**
Rahmanian F.
Midwifery, Larestan Islamic Azad University, Shiraz, Iran

16:00-17:30

Round Table**QUALITY OF COMPREHENSIVE GERIATRIC ASSESSMENT**Chairpersons: **Economides Dimitrios, Petrov Ignat**

The meaning and importance of quality in comprehensive geriatric assessment
Economides Dimitrios

Neuropsychological evaluation
Tsantali Eleni

Falls syncopes
Amiridis George

Nutritional evaluation
Spatharakis George

The future in Geriatry
Petrov Ignat

17:30-18:00

Coffee Break

18:00-18:30

LectureChairperson: **Teesalu Rein**

Role of vasodilated beta blocker in cardiovascular disease
Kahan Thomas

18:30-20:00

Round Table**SPORTS, ARRHYTHMIAS AND SUDDEN DEATH**Chairpersons: **Deligiannis Asterios, Vasilikos Vasilios**

Sudden death in young: clinical approach
Vasilikos Vasilios

Prevention of death in young. The role of family screening
Anastasakis Aris

Sports and arrhythmias
Kouidi Evaggelia

Structural heart changes and channelopathies
Efthimiadis George

Conclusion

The application of electrophysiology in arrhythmias' diagnosis in preventing sudden death
Israel Carsten

09:00-09:30

Free Announcements**Session H**Chairpersons: **Kamparoudis Apostolos, Papanikolaou Christos****049 THE TREATMENT OF ACUTE PANCREATITIS COMPERATIVE STUDY**

Llukacaj A., Naco M., Celiku E., Dracini Xh, Kaci M.

First Service of General Surgery, University Hospital Center Mother Teresa, Tirana, Albania

050 STAGING AND OPERABILITY OF CLATSKIN TUMOR

Kaci M., Llukacaj A., Celiku E., Dracini Xh., Naco M., Dibra A., Labinoti R.

First Service of General Surgery Department, University Hospital Center Mother Theresa, Albania

051 HEALTH RELATED QUALITY OF LIFE (HRQOL) AFTER RADICAL CYSTECTOMY AND URINARY DIVERSION.PILOT STUDY OF 20 PATIENTS

Dimitriadi G., Anastasiadis A., Malioris A., Tsantaki E.* , Tzakas K., Radopoulos D.

1st Dept of Urology, Aristotle University of Thessaloniki, Greece**052 FAST-TRACK COLORECTAL SURGERY**

Tsiaousis P., Vasiliagkou S.

Hellenic Open University, Greece

053 XEROSTOMIA AND QUALITY OF LIFE - A REVIEW

Blioumi E., Ganidou M., Deligianni E., Karagiosis Th., Amerikanou Ch., Karnoutsos K.

Dental Department, General Hospital of Saint Paul. Thessaloniki, Greece

09:30-11:00

Round Table**QUALITY OF LIFE IN NEUROLOGICAL DISORDERS**Chairpersons: **Baloyannis Stavros, Kosta Vasiliki**

Quality of life in stroke

Katsarou Zoi

Quality of life in Parkinson's disease

Bostantjopoulou Sevasti

Quality of life in epilepsy

Karachristianou Styliani

Quality of life in dementia

Baloyannis Stavros

11:00-11:30

LectureChairpersons: **Karagiannis Vasilis, Lampropoulos Alexandros**

New prospective in diagnostic genetics and quality of life

Pangalos Konstantinos

11:30-12:00

Coffee Break

12:00-13:30

Round Table**BREAST CANCER**Chairpersons: **Fachantidis Epaminontas, Demiri Efterpi**

Quality parameters in management of breast cancer

Kerstin Santlin

	Contemporary breast imaging Dimitriadis Athanasios
	Diagnosis and treatment of breast Ca Makridis Charalampos
	Contemporary methods of breast reconstruction Dionyssopoulos Alexandros
13:30-14:00	Lecture Chairpersons: Basdanis Georgios, Lazaridis Charalampos
	Disease related group and computer interpretable guidelines Makridis Charalampos
14:00-16:00	Break
16:00-17:30	Round Table ENDOSCOPY IN GYNECOLOGY Chairpersons: Stamatopoulos Panagiotis, Grimbizis Gregorios
	Minimally invasive endoscopy: What are the benefits? Magos Adam
	Hysteroscopy: Possibilities and limits Paschopoulos Minas
	Prevention and management of complications during hysteroscopy Van Belle Yve
	Prevention and management of complications during laparoscopy Pandos Georgios
17:30-17:45	Coffee Break
17:45-18:15	Lecture Chairperson: Malavakis Christos
	Quality in the Hellenic Health System: Prospects and perspectives Kouveliotis Kyriakos
18:15-18:45	Lecture Chairperson: Vartzopoulos Dimitrios
	Nowdays reformation of a national health system based on quality of life in medical practice: Georgian experience Tsinamdzgvrishvili Bezham
18:45-20:15	Round Table LOCALIZED INFECTIONS IN ICU PATIENTS Chairpersons: Antoniadou Eleni, Benis Nikos
	Occular surface microbial colonization in sedated ICU patients Gartaganis Sotirios
	Pseudomonas Keratitis-Medical and Surgical therapy Alimisi Sotiria
	ORL problems in intubated patients Triaridis Stefanos
	Maxilofacial infections-Difficulties in intubation Venetis Grigoris

09:00-12:00

Hands on Workshop**ICU BEDSITE MONITORING IN TRAUMATIC BRAIN INJURY PATIENTS**

Overview lectures

Basic Anatomy and pathophysiology for TBI

Tsonidis Christos

2007 TBI Management Guidelines

Katsanoulas Konstantinos

Demonstrations

Skill stations

Participation Requirements: Registration for the congress and the specific workshop. Participants must have assisted the relevant round table, as above. A presence list will be kept by the congress secretariat.

4 skill stations

40 participants divided into 4 Groups of 10 participants each (Groups A, B, C, D)

12:15-14:15

Free Announcements

12:15-13:15

Session IChairpersons: **Zachopoulou Evridiki, Anogiannaki Antonia**

- 054 IMPERATIVE FOR ELECTRONIC MEDICAL RECORD (EMR) VALIDATION IN QUALITY ASSESSMENT: THE MISIDENTIFICATION OF ADULT ASTHMA PATIENTS IN ISRAEL'S NATIONAL PROJECT OF OUTPATIENT CARE'S QUALITY MEASURES**
 Prints S., Heimer D., Leumit Health Fund, Israel & Pulmonary Unit of Soroka Medical Center, Israel

- 055 DEVELOPING A QUALITY MANAGEMENT METHOD FOR AN INTERNATIONAL TELEMEDICINE PROJECT**
 Altsitsiadis E.¹, Anogeianaki A.¹, Papadopoulou E.², Psirropoulos D.², Anogianakis G.¹
¹Department of Physiology, Faculty of Medicine, Aristotle University of Thessaloniki, Greece
²Department of Cardiology, G. Gennimatas General Hospital, Thessaloniki, Greece

- 056 MOBILE TELEPHONY BASED TELE-HEALTH SERVICES**
 Anogeianaki A.¹, Psirropoulos D.², Andriopoulos D.³, Papadopoulou E.², Anogianakis G.¹
¹Department of Physiology, Faculty of Medicine, Aristotle University of Thessaloniki, Greece ²Department of Cardiology, G. Gennimatas General Hospital, Thessaloniki, Greece

- 057 TELEMEDICINE AS A MEANS OF IMPROVING THE QUALITY OF LIFE OF PATIENTS SUFFERING FROM ALZHEIMER'S DISEASE**
 Anogeianaki A., Papaliagkas V., Anogianakis G.
 Department of Experimental Physiology, Faculty of Medicine, Aristotle University of Thessaloniki, Greece

- 058 THE INVERSE ELECTROMAGNETIC PROBLEM OF THE HEART AS A BRIDGE BETWEEN THE ECG, PHYSIOLOGY, ANATOMY AND HISTOLOGY**
 Theofilogiannakos E.¹, Anogeianaki A.¹, Psirropoulos D.², Papadopoulou E.², Anogianakis G.¹
 Department of Physiology, Faculty of Medicine, Aristotle University of Thessaloniki, Greece
 Department of Cardiology, G. Gennimatas General Hospital, Thessaloniki, Greece

- 059 WHAT DO THE PRESCHOOLERS KNOW ABOUT HEALTHY BEHAVIOR AFFECTING THEIR FUTURE QUALITY OF LIFE? COMPARISONS AMONG EUROPEAN COUNTRIES**
 Zachopoulou E.¹, Trevlas E.¹, Tympa E.², Deli E.², Tsangaridou N.³
¹Alexander Technological Educational Institute of Thessaloniki, Dept. of Early Childhood Care & Education, Greece,
²Municipal Organization of Social Care of Kalamaria, ³University of Cyprus, Dept. of Education, Cyprus

- 060 EARLY STEPS PHYSICAL EDUCATION CURRICULUM (ESPEC) - HEALTHY LIFESTYLE: A PHYSICAL EDUCATION PROGRAM FOR THE PROMOTION OF A HEALTHY LIFESTYLE IN PRESCHOOL EDUCATION**
Tympa E.¹, Deli E.¹, Trevlas E.², Zachopoulou E.²
¹Municipal Organization of Social Care of Kalamaria, Thessaloniki, Greece, ²Alexander Technological Educational Institute of Thessaloniki, Dept. of Early Childhood Care & Education, Greece
- 061 THE RELATIONSHIP OF WALKING DISTANCE WITH PRE- TO POST-WALKING CHANGES IN HEALTH-RELATED QUALITY OF LIFE AND WALKING SELF-EFFICACY IN BY-PASS CARDIAC REHABILITATION PATIENTS**
Mousouli M.¹, Vlachopoulos S. P¹, Theodorakis Y.² Kritikos A.³
¹Laboratory of Social Research on Physical Activity, Department of Physical Education and Sport Science at Serres, Aristotle University of Thessaloniki, ²Department of Physical Education and Sport Science, University of Thessaly, Trikala, Greece

13:15-13:45

Session J

Chairpersons: **Makedos Georgios, Klonos Georgios**

- 062 A PROSPECTIVE, RANDOMIZED STUDY COMPARING CHANGES IN SYMPTOMS RELIEF, PAIN SCORES AND QUALITY OF LIFE AFTER LAPAROSCOPIC OVARIAN CYSTECTOMY VERSUS THREE STAGE MANAGEMENT IN PATIENTS WITH ENDOMETRIOMAS**
Tsolakidis D., Pados G., Athanatos D., Tsalikis T., Vavilis D., Assimakopoulos E., Stamatopoulos P., Tarlatzis B.
1st Department of Obstetrics & Gynecology, Aristotle University of Thessaloniki, Papageorgiou Hospital, Thessaloniki, Greece
- 063 TAPE / MESH EROSION AFTER OPERATION FOR INCONTINENCE / PROLAPSE. CASE SERIES**
Mikos T., Papadopoulos A., Ioannidis E., Stamatopoulos C., Tsalikis T.
Department of Urogynecology, 1st Department of Obstetrics & Gynecology, Aristotle University of Thessaloniki, Papageorgiou General Hospital, Thessaloniki, Greece
- 064 MANAGEMENT OF PREGNANCY FOLLOWING MAJOR RECONSTRUCTION UROLOGICAL SURGERY**
Mikos T.¹, Ioannidis E.², Papadopoulos Ath.¹, Chatzimouratidis K.², Pados G.¹, Tsalikis T.¹
¹Department of Urogynecology, 1st Department of Obstetrics & Gynecology, Aristotle University of Thessaloniki, Papageorgiou General Hospital, Thessaloniki, Greece, ²2nd Department of Urology, Aristotle University of Thessaloniki, Papageorgiou General Hospital, Thessaloniki, Greece
- 065 MANAGEMENT OF DYSFUNCTIONAL UTERINE BLEEDING (DUB) WITH MINIMALLY INVASIVE TECHNIQUES: OUR EXPERIENCE USING THREE SECOND GENERATION ENDOMETRIAL ABLATION DEVICES**
Athanatos D., Pados G., Tsolakidis D., Nikolakopoulos P., Stamatopoulos P.
1st Department of Obstetrics & Gynecology, Aristotle University of Thessaloniki, Papageorgiou Hospital, Thessaloniki, Greece
- 066 EFFECT OF SINGLE VERSUS REPEATED COURSES OF ANTENATAL CORTICOSTEROIDS ON NEONATAL OUTCOME**
Bontis N., Gouli D., Tsolakidis D., Dampala K., Athanatos D., Karastefanou K., Monastiriotis P., Vavilis D., Nikolaidis N., Bontis J.N.
1st Department of Obstetrics & Gynecology, Aristotle University of Thessaloniki, Papageorgiou Hospital Neonatal Unit, Aristotle University of Thessaloniki, Papageorgiou Hospital, Greece

13:45-14:15

Session K

Chairpersons: **Karkos Christos, Paliouras Dimitrios**

- 067 INCIDENCE AND SIGNIFICANCE OF HAEMODYNAMIC INSTABILITY AFTER CAROTID ANGIOPLASTY AND STENTING FOR STROKE PROPHYLAXIS**
Gerassimidis S.Th., Mallios A., Karkos D.Ch., Karamanos G.D., Papazoglou O.K., Demiroopoulos P.F., Papadimitriou N.D., Malkotsis P.D., Zambas N., Liasidis Ch., Fileli A., Pezikoglou I.
Hippokration Hospital of Thessaloniki, Greece

- 068 THE IMPACT OF SUBINTIMAL ANGIOPLASTY ON THE MANAGEMENT OF PATIENTS WITH SUPERFICIAL FEMORAL ARTERY OCCLUSIVE DISEASE**
Gerassimidis S.Th., Karkos D.Ch., Karamanos G.D., Papazoglou O.K., Zambas N., Demiopoulos PF, Papadimitriou N.D., Kamparoudis G.A., Pezikoglou I.
Hippokration Hospital of Thessaloniki, Greece
- 069 CURRENT THERAPEUTIC APPROACHES IN THE MANAGEMENT OF DIABETIC FOOT PATIENTS PRESENTING TO A VASCULAR UNIT**
Gerassimidis S.Th., Karamanos G.D., Karkos D.Ch., Papazoglou O.K., Diplaris T.K., Zambas N., Demiopoulos PF, Papadimitriou N.D., Kamparoudis G.A., Fileli A.
Hippokration Hospital of Thessaloniki, Greece
- 070 INFRAPOPLITEAL ANGIOPLASTY USING THE™KISSING BALLOON™ TECHNIQUE IN THE MANAGEMENT OF ISCHAEMIC DIABETIC FOOT**
Gerassimidis S.Th., Karamanos G.D., Karkos D.Ch., Papadimitriou D., Demiopoulos F., Zambas N., Diplaris K., Vougiouklis N.
Hippokration Hospital of Thessaloniki, Greece
- 071 OBTAINING ISO 2001 HAS POSITIVE IMPACT ON THE CARDIAC SURGICAL STATUS OF A TERTIARY HOSPITAL?**
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- 072 STANDARD OF CARE IN CORONARY ARTERY BYPASS GRAFTING PATIENTS WITH PERIPHERAL VASCULAR DISEASE AND CAROTID ARTERY STENOSIS**
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- 073 LOW SUSPICION OF DEMENTIA BY PHYSICIANS TREATING OLDER PATIENTS FOR OTHER CONDITIONS**
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INDEX

Alimisi Sotiria	33	Giakoustidis Dimitrios	22
Altun Armagan	14	Givisis Panagiotis	15
Amiridis George	31	Gouzoumas Nikolaos	14
Anastasakis Aris	31	Grekas Dimitrios	14
Anastassiou Fotini	17	Grimbizis Gregorios	33
Angelis Hlias	27	Hainer Vojtech	17
Anogiannaki Antonia	34	Hatziproios Dimitrios	22
Antoniadou Eleni	33	Hatzitheoharis Georgios	24
Arvaniti Kostoula	19	Horn Peter	25
Arvaniti Maria	28	Ioannidis Evangelos	16
Assimakopoulos Efstratios	15	Israel Carsten	31
Athyros Vasilios	17	Istre Olav	23
Baloyannis Stavros	32	Kahan Thomas	27,31
Basdanis Georgios	33	Kajander Sami	27
Bauernschmitt Robert	28	Kalogeropoulos Achileas	15
Benis Nikos	33	Kamarianis Nikolaos	21
Birtane Murat	14	Kamparoudis Apostolos	32
Bitzani Mily	26,27	Kanellos Ioannis	22
Bostantjopoulou Sevasti	32	Karachristianou Styliani	32
Boudonas George	17	Karagiannis Vasilis	32
Caliyurt Okan	14	Karamanos Dimitrios	17
Chajek Tova	26	Karamitsos Dimitrios	17
Chan Charlie	22	Karapanagiotou Areti	27
Charitos Stefanos	23	Karkos Christos	35
Christodoulakos George	14	Karotsis Antonios	27
Christodoulou Anastasios	15	Karvounis Charalampos	17
Christoforidis Ioannis	24	Katsanoulas Konstantinos	25,34
Christopoulos Dimitrios	17	Katsarou Zoi	32
Deligiannis Asterios,	31	Kazinakis Georgios	25
Demiri Efterpi	32	Kemkes Berhard-Michael	27,28
Didaggelos Triantafillos	17	Kerstin Santlin	32
Dimitriadis Athanasios	33	Kika Alexandra	27
Dimova Rosica	17	Kiskinis Dimitrios	24
Dionyssopoulos Alexandros	33	Klonos Georgios	35
Dioritou Ourania	13	Kokkali Eleni	18
Economides Dimitrios	31	Kosta Vasiliki	32
Economidou Irene	17	Kouidi Evaggelia	31
Efthimiadis George	31	Koutlianatos Nikolaos	30
Ekuklu Galip	14	Kouveliotis Kyriakos	33
Fachantidis Epaminontas	32	Krassas Gerasimos	17
Farsky Stefan	26,27	Kyrkos Ioannis.	15
Flamouropoulou Penelope	27	Lafaras Christos	18
Fotiou Stylianos	22	Lambrinoudaki Irene	14,23
Gaillard Carlo	26	Lampropoulos Alexandros	32
Gansera Brigitte	28	Lampropoulos Stelios	18
Gartaganis Sotirios	33	Lazarides Miltiadis	17
Geleris Paraschos	16	Lazaridis Charalampos	33
Gerasimidis Thomas	24	Lazaridou Fotini	28

Lefkos Nikolaos	16	Spaia Sofia	26
Lionis Christos	16	Spatharakis George	31
Macfadyen Robert	26	Stamatelos Ioannis	21
Magos Adam	33	Stamatopoulos Panagiotis	23,33
Makedos Georgios	35	Stefos Theodoros	15
Makridis Charalampos	33	Styliadis Ioannis,	25
Malavakis Christos	33	Symeonidis Athanasios	27
Malliara Maria	24	Syngelakis Markos	16
Mamadas George	27	Szecsenyi Joachim	27
Mantalenakis Sergios	22	Tantanassis Theocharis	23
Markala Dimitra	14	Teesalu Rein	26,31
Matamis Demetrios	25	Tegos Ioannis	20
Milicic Davor	17	Thulin Anders	23
Miniaty Massimo	24	Triaridis Stefanos	33
Mpaltas Ioannis	21	Tsalikis Trifonas	16
Myserlis Grigoris	26	Tsantali Eleni	31
Paliouras Dimitrios	35	Tsigilis Nikolaos	30
Pandos Georgios	33	Tsilikas Sotirios	29
Pangalos Konstantinos	32	Tsinamdzgvishvili Bezham	33
Papadimitriou Dimitrios	17	Tsinopoulos Ioannis	20
Papadopoulos Periklis	24	Tsiotras Christos	19
Papadopoulos Vasilios	22	Tsitsopoulos Parmenion	25
Papagiogas Vasilios	22	Tsitsopoulos Philippus	25
Papanikolaou Alexandros	22	Tsonidis Christos	25,34
Papanikolaou Christos	32	Tympalexi Georgia	29
Papastefanou Stefanos	18	Tzakas Konstantinos	16
Papathanassiou Konstantinos	23	Tzathas Christos	16
Papavasiliou Kyriakos	24	Tzeveleakis Filippos	15
Papazafiriou Evangelia	13	Tzotzas Themistoklis	17
Pappas Periklis	17	Vakalos Aris	25
Paraskevaidis Evangelos	22	Van Belle Yve	33
Paraskevaidis Stelios	25	Vartzopoulos Dimitrios	33
Paschopoulos Minas	33	Vasilikos Vasilios	31
Passakiotou Marily	26	Venetis Grigoris	33
Petrov Ignat	31	Vergoulas George	14,26
Pines Amos	23	Vidalis Athanasios	16
Pitoulias George	17	Vlachaki Efthimia	13
Platogiannis Dimitrios	23	Vlachogiannis Emmanouil	13,23
Pournaras Agathoklis	21	Vlahakos Ioannis	26
Pramateftakis Manousos - Georgios	23	Vogiatzis Ioannis	16,25
Prappas Nikolaos	15	Voutsas Vasilios	27
Psirropoulos Dimitrios	26,27	Yasnetsova Tatiana	27
Rodini Ivi	27	Zachariadou Theodora	16
Roussou David	23	Zachopoulou Evridiki	34
Sakantamis George	27	Zafragas Menelaos	21
Samolis Stavros	14	Zakinthinos Epaminontas	24
Saratzis Nikolaos	22	Zakke Ilja	24
Sioulis Athanasios	24	Zampoulis Chrisanthos	24
Skentou Chara	15	Zarifis Ioannis	27
Skouby Sven	14	Zelveian Parounak	17

REGISTRATION

Registration fees	On-Site
Specialists	170€
Residents/trainees	120€
Eastern European Countries	100€
Nurses Nurses (only for participation)	20€ 10€
Student	15€
Educational Workshops*	50€
Accompanying Persons	60€

* Minimum number of 15 persons will be required to organize an educational workshop.

Continuing Medical Education

The congress has been granted 18 CME Credits from the Panhellenic Medical Association

Congress Secretariat



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GENERAL INFORMATION

Venue

Makedonia Palace Hotel
2, Great Alexander Avenue, Thessaloniki, Greece
Tel. +30 2310 897 197

Official language of the Congress

English

Program Changes

The organizers cannot assume liability for any changes in the program due to external or unforeseen circumstances.

Congress Material

The Congress participants who have pre-registered will receive the Congress material, as well as their badge from the Pre-Registered office of the Congress Secretariat.

Badges

The Congress badges will be given to each participant by the Congress Secretariat. The badges are NECESSARY for the admission and entrance in Congress Halls and exhibition areas.

Coffee Breaks

Coffee breaks will take place at the Alexandros I Hall as per the time scheduled indicated in the programme. All registered participants will receive coffee break from the Congress Secretariat with the congress material.

Certificate of Attendance

Certificates will be given by the Congress Secretariat on Saturday afternoon.

Technical Equipment

The Congress Hall will be equipped with slide and data projectors as well as PC for speakers' needs. Speakers are kindly requested to use English language, check and deliver their presentation to the Technical Secretariat of the Congress, at least one hour before their scheduled presentation.

Oral Presentation

Powerpoint is the preferred format for presentation. Presenters must submit their presentations at least 1 hour prior to their session. All conference rooms are fully equipped with a pc/notebook for presentation, data video projector and screen. It will not be possible to use slides. Please note that there will be no facilities for overhead projection. Personal notebooks will not be permitted.

Poster Displays

Poster boards are 80 cm width by 120 cm height.

Velcro for posters will be provided. Posters can be put up from 12.00hrs on Thursday October 2nd and should be removed no later than 20.00hrs on Saturday October 4th. The organizers cannot be held responsible for any posters left after this time.

All posters have been given a number and should be fixed on the board marked with the same number.

Exhibition

Within the Congress area there will be an exhibition of Medical equipment, pharmaceutical products, books etc.

Invitation Letters

Persons requiring an invitation letter in order to attend the Congress may contact the Congress Secretariat. The procedure aims to facilitate participants' visa arrangements and should not be considered commitment by the Organizing Committee to provide funds for the participants attendance in the congress.

Transportation

Makedonia Airport of Thessaloniki is serviced by most airlines, so it is easy to fly to Thessaloniki from any major city. Twenty minutes are required by car from the airport to Makedonia Palace Hotel.

Insurance

We cannot accept responsibility for any personal loss, accidents or damages to participants and/or accompanying persons. Participants are strongly advised to obtain personal insurance to cover any eventuality that may occur during the Congress.

Secretariat Desk

Secretariat desk time schedule:

Thursday, October 2nd	08.00-21.30
Friday, October 3rd	08.00-20.30
Saturday, October 4th	08.30-20.00



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ACKNOWLEDGEMENTS

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